

# Day One

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# frontlines

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A NEWSLETTER PUBLISHED BY DAY ONE

SPRING 2006

## A New Day Has Dawned

*Sexual Assault & Trauma Resource Center Changes Name to Day One*

**Day One** offers education, training, advocacy, counseling, crisis intervention, public awareness to end sexual violence.

We've entered a new day, we launched a capital campaign, announced a new building and upcoming move to 100 Medway St., and unveiled our new name. We are on the road to expansion: of our services, our space, our message and our presence. Community involvement and support is vital to our existence.

During April, Sexual Assault Awareness Month (SAAM), we made great strides in our efforts to educate males, especially teens, and to bring them on board in our prevention efforts. It was so moving to hear males



*Senator Chafee along with Senator Reed, Congressman Langevin and Congressman Kennedy have already secured \$650,000 to support Day One. Also pictured are Cheryl Senerchia, president of the board, Peg Langhammer, executive director and Attorney General Patrick Lynch.*

speaking out at the Sexual Assault Awareness Month kick-off press conference; I look forward to their continued active participation in future initiatives.



*Det. Esten, Det. Major Campbell, and Sgt. Merandi, vital partners from the Providence Police Department (PPD) Investigative Division, joined Day One at the new name announcement. PPD handled 103 sexual assault cases in 2005.*

in its focus on each individual's journey to "day one."

The logo, in teal blue, the official color of National Sexual Assault Awareness Month, and golden yellow, reflects optimism and comfort. The arch can represent the rising sun, a bridge, a shield or an umbrella.

Day One's simplicity meets the needs of children, who now make up 70% of our clientele. The warm, welcoming words have meaning to children. When a child returns to school, following a visit with a counselor, a letter from Day One won't explicitly tell others where they were and what trauma they've endured. The name offers safety and a shield from re-victimization.

As an organization, Day One can help Rhode Islanders at the point of their own "day one" – whether that day is the day  
*Continued on next page...*

Day One expresses its deepest gratitude to **Rebel Girl Productions** and its volunteer cast for two spectacular benefit performances of the **Vagina Monologues**. The performances, raffle and silent auction raised a total of \$10,000 to support victims of sexual assault in RI.



*Kimber Menjivar, Vagina Monologues director and organizer is congratulated by Peg Langhammer, executive director, Day One and Gary Frishman, MD, vice president of the board of directors, Day One, at the final performance.*

## Save the Dates!

### The 9th Annual CAC Golf Tournament

Monday June 5, 2006  
at Potowomut Golf Club  
Warwick, RI

### Under the Stars By the Sea

Narragansett Town Beach  
Saturday, August 12, 2006



Check out our  
new website at  
[www.dayoneri.org](http://www.dayoneri.org)

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A New Day Has Dawned, continued from page 1

they call Day One for help, the day the violence stops, or the day their abuser goes to jail. We are a resource for help and support for women, men, children and families from day one.

Day One also announced that we've launched a Capital Campaign and will move into a new home at 100 Medway Street in Providence this Fall. We need to raise 2.3 million dollars to make the building accessible, to make it welcoming for our clients, and to renovate it so that it meets today's code and is a suitable environment for our staff. The new space allows for much needed expansion of programs and services as we continue to reduce the prevalence of sexual violence and to support and advocate for those affected by it.

We are thrilled to have three partners who have volunteered to help us meet our Capital Campaign goal. Joe Walsh, the former Mayor of Warwick and a partner with Tillinghast Licht; Mark Ryan, executive vice president and general manager at the Providence Journal Company; and D. Faye Sanders, Director of Government Relations at Brown Rudnick, have the daunting challenge of meeting our fundraising goal. We are honored to be the recipient of their time, talent and commitment, and we owe them a great deal of gratitude for undertaking this task. We are confident that the community will be receptive to our need for funding and will be generous so that we can continue to respond to all Rhode Islanders in need of our services.

I encourage you to visit our newly designed website at [www.dayoneri.org](http://www.dayoneri.org) to learn more about our new name and more importantly, to discover how you can get more involved in our prevention work. We need your help to stop sexual violence.



Peg Langhammer, Executive Director

Day One welcomes and introduces new staff:

- Ellen Bucci, Law Enforcement Advocate, Northern RI
- S. Heather Cosimini, Law Enforcement Advocate, Warwick
- Daysi Duran, Case Manager, Foster Healthy Families
- Maria Sabourin, Receptionist/3rd Party Biller
- Guisela Pinto Caballero, Child Clinician



More than 100 people gathered at 100 Medway Street for the announcement of our new name.

# Men's Role in Prevention was focus of Sexual Assault Awareness Month

"Get Men Involved In Prevention." This call to action was the theme of 2006's Sexual Assault Awareness Month (SAAM). Sexual violence is often considered a women's issue but it is a men's issue as well. One in ten men is a victim of sexual violence and many know a friend, sister, or girlfriend who has been a victim.

Though 97% of sexual assaults are committed by men, most men are not sexually violent. Day One called on men to build a safer community by challenging attitudes and behaviors that contribute to sexual violence and getting involved in prevention efforts.

Sexual violence takes many forms, from catcalls directed at women on the street to rape at gunpoint. Most people have been bystanders in a situation where they could have helped prevent sexual violence. Small interventions like driving a friend home from a party or speaking up if someone is putting down women can prevent assault.

Increasing public awareness of the negative impact of attitudes and behaviors can also help prevent sexual assault. Root causes of violence like cultural acceptance, sexual expectations, rape myths and gender stereotypes must be challenged in order to combat gender-based violence. Socially accepted attitudes like "boys will be boys" contribute to a culture that downplays sexual harassment and assault. Beliefs that women are inferior to men or that women should be blamed for sexual assault, reinforce and normalize rape myths.



Members of RIC's One in Four, Rape Prevention Group, support Day One at Your Voice, Your View Press Conference.

To Be a Better Man, **recognize the three lies of false masculinity:** athletic ability, sexual conquest and economic success are not real measurements of manhood; **use your voice:** silence makes us complicit, know that if you are not part of the solution to end violence, then you are part of the problem; **build healthy, respectful relationships:** communicate honestly and openly; and **respect yourself, respect others:** say and show that violence is not accepted or tolerated.

Teens are over exposed to violent sexual messages and misogynistic viewpoints via the entertainment media. Day One will continue to use music to promote anti-violence messages to teens, especially men. Visit our website for the latest details about upcoming summer concerts.



\$1631 dollars was raised on April 29 when State Radio and Zox (pictured above) performed at Lupo's to benefit Day One. An additional \$1000 was raised during an on air auction of Pearl Jam tickets for their May show at TD Bank North Garden.

April Events	People Reached
Two Clean Lyric Concerts	1660
Education Programs for hospitals, law enforcement, rural communities and schools	817
Health Fairs, Community Events	800
Poetry Nights and Slam	175
Advocacy Collaboration Training (ACT)	40
Wine Tasting Open House	100
New Name Press Conference	100
Victims Grove Memorial	100
Your Voice, Your View Press Event	75
Pizzeria Uno's Fundraisers	80
3947 individuals were reached directly during SAAM events, plus the thousands more that read or heard about us through posters, radio ads, and media coverage.	

SEXUAL ASSAULT AWARENESS MONTH IS SPONSORED BY:



## 2006 WINNER YOUR VOICE, YOUR VIEW RADIO CONTEST

Read the first place script below:

Through the years we learn lessons of respect.

These lessons are the first step in preventing sexual violence.

I had a dream, a dream influenced by a man who once had a dream, a dream to touch out and spread the word, in one ear and out the other to another the word is spread among each other a brother, a sister, a father, a mother, will combine and be raised, taught right from wrong, left and right, communication, honesty, respect and consent. What is gathered over the years is the decision of myself money, power, love, hate, trust, when I'm tired after a long day I will sit in the front of the bus.

To be a leader not a follower

My parents raised me well

To follow my heart, my dreams

To grow up

To grow up

Para Greser, To grow up

I know my boundaries.

Boundaries of respect and pleasure.

Why such a rush, a push to cross

the line, the line between me and

the opposite comfort zone. Is it no

or is it yes? We must know and

respect to separate assault from sex.

We need your help to

stop sexual violence.

To get involved visit

[www.dayoneri.org](http://www.dayoneri.org) or call

Day One, formerly the Sexual Assault & Trauma Resource Center, at 421-4100.

Speak, Listen, Be Heard.

Visit [www.dayoneri.org](http://www.dayoneri.org) to hear the audio of radio ad to and to read the speech from winning team: Eddie Ortiz, Anthony Berthiaume, Nikki Meigges, Jonel Morales, Woonsocket Area Career & Technical Center

## Day One Winning Radio Ad Touches on Root Causes of Sexual Violence, Models Men in a Positive Light

**First Place:** Woonsocket Area Career & Technical Center: Anthony Berthiaume, Eddie Ortiz, Nikki Meigges and Jonel Morales

**Second Place:** Coventry High School: Shane Fontaine, Betsy Rinaldi, Laura Schmitz

**Third Place:** Woonsocket Area Career & Technical Center: Eric Ceccofiglio, Stefanie DuBois, Sara Silvia



*HOT 106's Tessa and Baby J awarded the WACTC teens. Gio and Kim from 92 PRO-FM also attended.*

Delivering a radio ad as mixture of rap and spoken word, a team of four Woonsocket Area Career & Technical Center (WACTC) teens won first place in the Your Voice, Your View Radio Contest, organized by Day One, HOT 106 and 92 PRO-FM.

First place winners, Eddie Ortiz, Anthony Berthiaume, Nikki Meigges and Jonel Morales, developed an ad that touches on the root causes of sexual violence, models men in a positive light, rejects a culture infused with violence, and creatively captures listeners attention. The radio ad was aired on HOT 106 and 92 PRO-FM throughout the month of April, Sexual Assault Awareness Month.

"In the workshops, Day One kept focusing on root causes: what causes and influences violent behavior," says Nikki Meigges,

WACTC. "We started thinking about how we ourselves learned how to behave respectfully, and we realized that we are influenced by all sorts of things, the media, our parents, our friends."

"We decided to focus on growing up," said Eddie Ortiz, WACTC. "How over the years we learn all sorts of things, but ultimately it's up to each of us to make decisions for ourselves to know our boundaries and to respect others."

Day One invited teens statewide to create a 60-second radio ad to share their voices and views on how to help stop sexual assault, especially among their peers. Ads were expected to challenge attitudes and behaviors, unveil the root causes of violence, dispel rape myths, emphasize consent or show the important role of bystanders in preventing assault from happening. More than 50 teams from 14 Rhode Island schools expressed interest in the contest. Day One provided 27 education workshops in conjunction with the contest.

"Each and every participant in the Your Voice, Your View radio contest has taken an active step to get involved in sexual assault prevention and we hope they will continue in this work," says Peg Langhammer, executive director, Day One. "For a safe and healthy future, it is vital to change the peer culture that fosters and tolerates violence."

### YOUR VOICE, YOUR VIEW SPONSORS:



sandy connor art direction



## SEX OFFENDER MANAGEMENT

Day One offers a snap-shot look at the implications of proposed sex offender management policies, from a victim centered perspective. Contrary to the popular myth of "stranger danger," children and youth are far more at risk of sexual abuse from adults they know. The same holds true for adult victims of sexual assault. Remember: the vast majority of sex offenders are never reported, let alone tried and convicted. Visit our website to learn more about sex offender management.

### Sex Offender Registration and Public Notification:

Sex offender registration can be useful for law enforcement agencies in their identification and tracking of convicted sex offenders. However, over-inclusive public notification can actually be harmful to public safety by diluting the ability to identify the most dangerous offenders and by disrupting the stability of low-risk offenders in ways that may increase their risk of re-offense.

**Electronic Monitoring:** Electronic monitoring may be used most effectively in situations requiring intensive supervision and monitoring, such as for those offenders at highest risk of re-offense.

**Residency Restrictions:** Residency restrictions are having unintended consequences that decrease public safety. Sex offenders who continually move or become homeless as a result of residency restrictions are more difficult to supervise and monitor, thereby increasing the risk of re-offense. Research has shown that sex offenders with stable housing and social support are less likely to commit new sex offenses compared to those offenders who lack such stability.

### Mandatory Minimum Sentences:

Long mandatory minimum sentences can have a number of negative consequences that serve to decrease, rather than increase, public safety. Prosecutors may not file charges or may file charges for a lesser crime than a sex offense. Plea bargains may

increase, thereby minimizing the crime. Judges or juries may be less inclined to convict a defendant on a sex offense because of the mandatory minimum sentence. Long mandatory minimum sentences can also keep victims who were assaulted by someone they know from reporting the crime.

**Civil Commitment:** Such statutes usually mandate that at the end of a criminal sentence offenders be confined to a treatment facility until they are no longer an imminent risk to the community. Legal opinions about civil commitment have indicated that appropriate treatment must be made available to those who are confined involuntarily and that such confinement must not be oriented toward punishment.

**Community education:** Education must be included as a strong component to prevent future victimization.

## VOLUNTEER ADVOCATE TRAINING FOR VICTIMS OF CRIME HELPLINE

Volunteer advocates are needed to provide support, information, referrals and safety planning to victims at hospitals and police departments throughout Rhode Island. Advocates will participate in a 36-hour training to gain the skills, knowledge, and confidence to work with victims of all ages. There is a particular need for volunteers who are bilingual and able to work with diverse populations.

**Next training begins on June 5, 2006 and runs through June 21, 2006**  
*Make a Difference! Sign up Today!*

To sign up contact Fran Bolarinho at 421-4100 ext. 288 or email at [fbolarinho@dayoneri.org](mailto:fbolarinho@dayoneri.org)



*January 2006 graduates of the Victim of Crime Helpline Training. Back row (l-r) Kelly Ravenscroft, Katie Kiedyk, Iesha Racha, Sara Theobald, Cassie Braga, Ashley Nelson, Susan DaSilva. Front row (l-r) Ed Carr, Catherine Ady, Bernit Wright, Elizabeth Briggs, Gayle Ellsworth.*



*Susan Black Hughes, helpline advocate, pictured with Mayor David Cicilline, was one of three individuals honored at the National Crime Victims' Rights Week Ceremony at Victims Grove in Providence.*

## ON THE FRONTLINES

### *An interview with Linda Ledray and Laura Pisaturo*

#### LINDA E. LEDRAY, R.N., Ph.D., SANE-A, FAAN



Linda Ledray, Ph.D., is the founder and director of the Minneapolis based Sexual Assault Resource Service (SARS), one of the first Sexual Assault Nurse Examiner (SANE) programs in the nation. Linda, a registered nurse, has spearheaded the spread of SANE

programs across the country to ensure that victims of sexual assault receive the most sensitive, competent medical care and forensic evidence collection possible.

#### LAURA PISATURO, Esq.



Laura is the director of advocacy & legal services at Day One. Laura works collaboratively with prosecutors, law enforcement, DCYF, as well as medical and mental health professionals investigating allegations of adult and child sexual abuse and violent physical abuse.

She will oversee the development of the SANE program in RI.

#### How did the SANE program develop in RI?

**LAURA:** Several years ago an advisory committee formed to discuss how to better reach the needs victims in hospitals. Day One took the lead in developing an advisory committee with the following participating agencies: Women & Infants, the Office of the Attorney General, Hasbro Hospital, the RI Department of Health Forensic Biology Lab, Law Enforcement, URI College of Nursing, RIC College of Nursing and the RI State Nurses Association. The first SANE training was held in January 2006, made possible through a VOCA grant secured by Women & Infants and Hasbro.

#### What is the benefit of SANE?

**LAURA:** A SANE is a nurse who has advanced education and clinical preparation in forensic examination of sexual assault survivors. The primary goals of a SANE program include the improvement of patient care, standardization of evidence collection, and the provision of coordinated care within the medical, advocacy, forensic, and legal communities. SANEs can provide sensitive and knowledgeable support without bias during the often difficult process of the sexual assault evidence collection kit performed at the hospital. A SANE may work as part of a sexual assault response team (SART).

#### How do you foresee RI SANE's future?

**LINDA:** Judging from past experience with new SANE programs, when RI's program opens you will likely see the number of victims who report increase two or three-fold. This is a good thing as women will be getting the proper clinical care and proper evidence collection.

#### Rhode Island is the final state in the nation to develop a SANE program. Having founded one of the country's first SANE programs, and helped to implement many other programs around the United States and the world, what does this victory mean to you?

**Linda:** It is very exciting for me to have been involved in training SANE's in the last state to develop a program. It is rewarding to see the enthusiasm for making services more patient/victim friendly. Since it is well accepted that most assailants are serial, by collecting proper evidence, we are not only helping the victim who comes to the ER, but we are also helping law enforcement apprehend the assailant and keep other women safe.

#### What are the next steps?

**LAURA:** Two small working groups have formed to develop the protocols and credentials for SANE in RI. We are continuing to meet with hospitals in RI to increase our partnerships in this initiative. I will be attending the first SANE coordinator symposium in May 2006 and am looking forward to meeting with other coordinators to learn about organizational structure and objectives.

#### How do nurses get involved?

**LAURA:** We hope to host the next SANE training at the end of the summer. To get involved, email me at [lpisaturo@dayoneri.org](mailto:lpisaturo@dayoneri.org).



Sue Duffy, MD, Hasbro Children's Hospital, Peg Langhammer, Day One, and Donna LaFontaine, MD, Women & Infants Hospital are key leaders in the RI SANE initiative.

## HELP DELETE ONLINE PREDATORS

With dangers associated with young people posting personal information on Internet web sites escalating nationwide, Day One, in conjunction with Attorney General Patrick C. Lynch, is urging adults to have oversight of their children's internet use.

"The internet provides a target rich environment for predators to stake out and stalk victims," explains Sandy Malone, coordinator of education, Day One.

Offenders often give false identities, and research their victims online, taking time to learn their hobbies, their worries, their likes and dislikes.

"Online predators work hard to gain victims' trust, their goal is to win a coveted live meeting," says Malone.

"MySpace.com and other web sites, intended as cyber-bulletin boards where children and teenagers post personal profiles, can lead them to be entangled in a web of deceit and danger that threatens their safety. Parents need to be aware of the hazards, to communicate them to their children, and to supervise their children's use of the Internet," says Lynch.

MySpace.com, the world's third most-viewed web site behind Yahoo and MSN, has over 51 million members, 15 million of whom are under the age of 18. It is estimated that about 160,000 members join every day. At this site, and similar sites such as Xanga, Facebook, and Friendster, users can build personal pages with photos, sound, and blogs and from there, link with limitless and unsupervised connections.

"Parents need to be aware that kids are giving up their anonymity by using these sites," Lynch says. "They also have to be aware that those intent on enticing children and teens can, and do, mask and change their own identities. Nationally, there have already been too many instances of vulnerable children and teens who have been abducted, abused, molested, or murdered, as a result."

"Of the estimated 24 million child Internet users between the ages of 10 and 17, one in five has received an unwanted sexual solicitation," Lynch said. "Two-thirds of those targeted are teenage girls. The best thing kids can do is to stay off of Internet sites like MySpace.com and out of chat rooms.

The next best thing is for parents and kids to communicate, to set rules, and to stick with them."

#### INTERNET SAFETY TIPS:

- Agree to keep the computer in a well-used area of your home, such as a family room, where its use can be monitored.
- Never post any personal information such as an address, phone number, name of school attended, or birth date.
- Never put your picture up! It can easily be manipulated, and used not just by pedophiles but also by mean-spirited classmates.
- Don't use the Internet to make new friends. Use it only to stay in touch with existing friends.
- Never use a web cam on your computer.
- Tell your parents, teachers, or an adult you trust if someone you don't know posts messages on your blog or starts emailing or IMing you.
- Remember! Once you put something on the Internet, it's there forever. Anything you post can come back to haunt you.

## ONLINE ACRONYMS: CAN YOU SPEAK THE LANGUAGE?

121: one to one • ADN: any day now • AFAIK: as far as I know • AFK: away from keyboard • A/S/L: age, sex, location • B4: before • B4N: bye for now • BF: boyfriend • BFN: bye for now • BG: big grin • BTA: but then again • BTW: by the way • CID: crying in disgrace • CNP: continued (in my) next post • CP: chat post • CU: see you • CUL: see you later • CYO: see you online • DBAU: doing business as usual • FUD: fear, uncertainty, and doubt • FWIW: for what it's worth • G2G: got to go • G: grin • GA: go ahead • GAL: get a life • GF: girlfriend • GFN: gone for now • GMBO: giggling my butt off • GMTA: great minds think alike • HAGN: have a good night • HDOP: help delete online predators • HHIS: hanging head in shame • IAC: in any case • IANAL: I am not a lawyer (but) • IC: I see • IDK: I don't know • IMNSHO: in my not so humble opinion • IMO: in my opinion • IOW: in other words • IPN: I'm posting naked • IRL: in real life • L8R: later • LD: later, dude • LDR: long distance relationship • LLTA: lots and lots of thunderous applause • LMIRL: let's meet in real life • LTR: long term relationship • LULAB: love you like a brother • LULAS: love you like a sister • M/F: male or female • OLL: online love • OTOH: on the other hand • RPG: role playing games • SHID: slaps head in disgust • SO: significant other • SOMY: sick of me yet? • SOT: short of time • TTYL: talk to you later • UW: you're welcome • WB: welcome back • WFM: works for me • WIBNI: wouldn't it be nice if • WTGP: want to go private? • WTG: way to go • YM: young man

(Provided by the National Center for Missing & Exploited Children and the AD Council )