

# frontlines

## INSIDE:

Letter from the Executive Director .....	1
New Building: New Beginnings.....	2
Foster Healthy Families.....	4
Day One Earns National Accreditation .....	4
Your Voice, Your View.....	5
Helpline Advocates.....	6
April is Sexual Assault Awareness Month.....	7
10 Things You Can Do to Prevent Sexual Assault.....	7

A NEWSLETTER PUBLISHED BY DAY ONE

SPRING 2007

## Be a Part of the Solution

*Join Day One in Putting an End to Sexual Violence*

### From the Executive Director



For the first time, I am writing to you from our new building; our new home. The environment is remarkable – warm, friendly, supportive, and full of energy.

In this issue of *Frontlines*, we will highlight many of the features of our new space while also showcasing the ever-expanding programs and services we offer the community. Take a look and see all of the wonderful work you help support.

Once again this year, in April, we marked Sexual Assault Awareness Month by increasing our efforts to educate community members about the prevalence of sexual assault and providing information about how they can prevent it. The message of the campaign, “It happens every 2 ½ minutes,” was featured on a billboard on Route 195 linked to our website and loaded with tools and data to help citizens create safe and healthy environments, free from the threat of sexual assault.

During the same period, the winning ads from the Your Voice, Your View contest aired on both FOX TV and 92 PRO FM and HOT 106 radio. The spots were created by high school students from around Rhode Island and they carry the message that everyone must do something to stop sexual assault. If you’re not part of the solution, then you’re part of the problem.

Our Children’s Advocacy Center was recently accredited by the National Children’s Alliance (NCA). This endorsement validates the multi-disciplinary approach of our CAC, providing the best, most sensitive services to child victims of sexual assault. In 2006, 235 children and families received services from the CAC.

To support the work of our CAC in providing free services to clients, we will hold our 10th Annual Golf Tournament on May 14 at Potowomut Golf Club in Warwick. Put a team together and join the fun for a good cause. Then get ready for the 8th Annual Under the Stars by the Sea celebration on August 11 on Narragansett Beach.

In another important area, we continue to spearhead legislative initiatives to develop appropriate responses to sexual assault in our community. Some of the issues we are addressing this year include stricter penalties for third degree sexual assault when the age difference between offender and victim is greater than ten years, restriction of evidence of a complainant’s sexual conduct in rape cases, and increased punishment for indecent exposure disorderly conduct. Visit our website for the complete legislative agenda at [www.dayoneri.org](http://www.dayoneri.org).

In communities across the state, Foster Healthy Families continues to serve clients, providing treatment in a comfortable and safe environment. Our clinical team is on the frontlines, providing counseling services including individual, family, and group treatment.

All of this work would not be possible without the support of you, our donors and friends. Thanks to all of you, our capital campaign has been successful in helping support our new space and the expansion of programs and services. Corporate leaders in the campaign include Citizens Bank Foundation, Champlin Foundation, The Providence Journal, BLB Investors, Textron, and Blue Cross & Blue Shield of Rhode Island.

Whether from a corporation or as an individual, you can help stop sexual violence. As the winning Your Voice, Your View ad states, “Not doing anything is part of the problem.”

Don’t be part of the problem. Be part of the solution. Join us today. Visit [dayoneri.org](http://dayoneri.org) to find out how.

**Day One**

For the latest news and information on Day One, visit our website at [www.dayoneri.org](http://www.dayoneri.org).

To receive electronic news and updates from Day One, visit the website, enter your email address, and click “Sign Up”!

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# New Building; New Beginnings



This winter marked a brand new beginning for Day One. The organization moved to a new building in Providence's Wayland Square allowing staff to provide more and better services to everyone in Rhode Island.

The move to a new home was necessary for Day One to accommodate the

growing needs of the organization including an improved Children's Advocacy Center (CAC) and expanded prevention education programs.

Last spring, a capital campaign was launched to secure the funding necessary for the move and the increased activities. The campaign has already benefited from the support of Rhode Island's Congressional delegation and its lead donor: Citizens Bank Foundation.

As spring arrives this year, staff and clients are nicely settled in and thrilled with the new space. One visitor said, upon entering the new building, "It's fantastic!" The space is beautiful: light, warm, accessible, welcoming, and safe.

The only organization in the state specifically addressing the impact of sexual assault in the community, Day One's success and effectiveness is critically important. Providing a comfortable space for clients, staff, and community members is essential to accomplishing that goal.

Day One would like to extend its gratitude to building architect Barbara Feibelman of Lamborghini & Feibelman, Ltd. and construction manager Shawmut Design and Construction.

## ***New Staff Day One is pleased to introduce and welcome:***

**Elizabeth Briggs, Volunteer Coordinator**  
**Mayra Canales, Receptionist/Third Party Biller**  
**Christina Costa, Rural Advocate**  
**Ann Gardner, Clinical Team Leader/Foster Healthy Families**  
**Hugh Minor, Communications Specialist**  
**Michelle Kollett, Program Assistant**  
**Karen Scantlebury, Data/Research Associate**  
**Jennifer Wheelehon, Annual Fund Manager**

## Here are some of the new features offered by Day One's three floors of accessible clinical and office space:

### Separate Child and Adult Waiting Areas



While children are waiting to receive services, they now have their own private area with toys and animated TV shows to keep them occupied. The new space is bright

and cheerful and welcoming to all who visit Day One. Around the corner, adults are provided with their own waiting area.

### State-of-the-Art Training Room

#### *Made Possible by Citizens Bank Foundation*

The Training Room, with seating for forty, includes moveable tables and chairs that allow the space to meet a wide range of needs. An LCD projector, sound system, and computer hookup allow presenters to deliver their messages in the most effective way possible.

### Children's Advocacy Center Forensic Interview and Observation Rooms



The new design of the Children's Advocacy Center allows staff to interview and observe children who have been sexually abused in a non-threatening, safe environment. The child sits with the Forensic Interviewer while a hidden camera displays the session in an observation room where members of the CAC's multidisciplinary team may watch. All of the interviews are taped and may be used in Grand Jury proceedings to help reduce the number of times the child must disclose.



### Children's Play Therapy Room



The Play Therapy Room is used to encourage children to engage in therapeutic play. A sand table, art easel, and other therapeutic toys are available, depending on the children's needs.

### Teddy Bear Wall



Every child that comes to Day One for clinical services receives a teddy bear to help make the experience less traumatic. Children are asked to choose their favorite to take home with them. All of the bears have been donated by generous individuals and organizations.

### Statistics you should know

- Among adults who are developmentally disabled, as many as 83% of the females and 32% of the males are victims of sexual assault.
- Each year, 15,000 to 19,000 people with developmental disabilities are raped in the United States.

## Foster Healthy Families

*Bringing services to families  
after a traumatic event*

After children experience trauma, their behaviors can be disruptive and interfere with their ability to lead a successful and healthy life. Often, family members who want to help don't know how to react or respond to children in these situations.

Foster Healthy Families (FHF) was developed to work with children from ages 3 to 18 and their families to help address and support their needs after a traumatic experience. The clinical team is equipped to provide counseling services including individual, family, and group therapies.

In addition, there are two bilingual (Spanish-speaking) case managers who work with families.

The program is community-based, delivering services directly to children and families. This approach makes it easier for them to participate and provides treatment in a comfortable, familiar environment like the home or school.

Some approaches to treatment include establishing safety, cognitive/behavioral play therapy, creating an environment in which feelings can be expressed safely, boundaries are clear, and positive behaviors are reinforced and teaching children and families about inappropriate touching.

Parents and caretakers have many questions about how to address the trauma symptoms of their child. FHF teaches parents to support children in a shame-free way so that undesirable behaviors can be seen as separate from the child's identity.

**Continued on page 6**



## Day One Earns National Accreditation



NATIONAL  
CHILDREN'S  
ALLIANCE®

FULL  
MEMBER

The Children's Advocacy Center of Day One was recently accepted as an accredited member of the National Children's Alliance (NCA) after an extensive application and site review process to determine compliance with NCA standards.

Through the Children's Advocacy Center, Day One provides services to children and their non-offending family members who have been affected by sexual assault. In 2006, Day One managed 235 referrals and conducted 142 forensic interviews.

The CAC provides a multidisciplinary approach to child sexual abuse and severe physical abuse cases to reduce the child's trauma once involved in the legal and healthcare system.

According to Day One's Executive Director, Peg Langhammer: "This approach of using a trained forensic interviewer in a child-friendly setting yields a more comprehensive interview with children. The improved interviews increase the probability of the case being referred to the Attorney General for prosecution; but more importantly, it's less traumatic for children. In contrast to past practices, they are interviewed only once rather than many times by the many parties that need to hear their statements. Having to recount the trauma of their abuse so many times often resulted in additional trauma by the system designed to protect them."

Organizations can be recommended for NCA membership, core components of which include separate, child-friendly facilities to interview and provide services to victims and their non-offending family members; coordinated and multidisciplinary investigations of abuse; and regular interdisciplinary case review.

Recent research has validated the long-held belief that when interactions with children are age-appropriate and provided in a supportive manner, children are more likely to provide accurate and truthful information to investigators, clinicians and other professionals, which is in the best interest of everyone involved in and affected by child abuse.

For more information on the National Children's Alliance, visit: [www.nca-online.org](http://www.nca-online.org)

# Your Voice, Your View

## *In Winning Ads, Men Are Part of the Solution*

For the second year of the Your Voice, Your View contest, participants submitted entries in both radio *and* video. Last year, the media contest was for radio ads only. A total of 28 entries were received: 18 radio and 10 video spots.

The competition was fierce. Participating teens were encouraged to work together to sing, rap, speak and/or converse to create a 60-second radio ad/commercial or 30 second TV ad sending a clear message to help stop sexual assault, sexual harassment, rape, and the myths surrounding it by promoting men's role in prevention. Entries were submitted by teams of 2-4 people with at least one male on each team.

Day One's education department provided contest participants with handouts on issues dealing with sexual violence prevention and creating an advertisement. Cost-free informational workshops were offered to all participating schools, and nearly all of these schools took advantage. Additionally, 92 PRO-FM and HOT106 Street Teams visited 3 participating schools.

In both of the winning ads, men take a stand against sexual assault. The video spot from Woonsocket Area Career & Technical Center features a student explaining to his friend that he witnessed a sexual assault at a party. When the friend asks him if he did anything about it the student admits that he didn't. At that point, the friend turns to the camera and says:

"Don't be like my friend who didn't do anything. Not doing anything is part of the problem."

In the winning radio ad from Central, students are attending a party when one of the teens becomes aggressive with a girl. His friend immediately draws attention to the situation and tells him, "That's not cool, man."

Both pieces ask the audience for their help in stopping sexual violence by contacting Day One to find out what they can do.

Throughout the month of April, the winning video aired on FOX-TV while the winning radio ad was featured on 92 PRO-FM and HOT106.

You can see and hear the ads at [dayoneri.org](http://dayoneri.org).

### VIDEO WINNERS

#### First Place

**Woonsocket Area Career and Technical Center**  
MacGyver Duarte  
Cory Souliere

#### Second Place

**Woonsocket High School**  
Ryan Tremblay  
Derek Bard

#### Third Place

**Woonsocket High School**  
Matthew Plays  
Nicole Plouffe

### RADIO WINNERS

#### First Place

**Central High School**  
Jorge Acevedo  
Ferlibiz Albizu  
Cristina Domenech  
Tommy Gbarbea  
Estefani Martinez  
Yosa Yon

#### Second Place

**Shea High School**  
Francisco Rodrigues  
Jay Smith

#### Third Place

**Central High School:**  
Gyann Delacruz  
Cindy Jaimes  
Mike McCalaster  
Alejandro Minaya  
Cristina Torres  
Martha Zelaya



The first place video team from Woonsocket Area Career and Technical Center



The first place radio team from Central High School with teacher Michael Malardo in the studio with Karen K recording their spot

## New Helpline Advocates Trained

In January 2007, Day One graduated eight new volunteers from the Helpline Advocates training.

The 36-hour program, held at Day One headquarters, prepared advocates in a wide range of areas related to sexual assault so that they are equipped to respond to victims in need at hospitals and police stations throughout the state.



Top Row, left to right: Christina Costa, Hugh Minor, Brienna Caparco, Jacqueline Janicki, Christopher Johnson

Bottom row, left to right: Lisa Davis, Cassandra Kiff, Michele Zager, Kelly O'Brien

## Helpline Advocate Training

*You can make a difference in the lives of sexual assault survivors by becoming a Helpline Advocate.*



Helpline Advocates are trained to respond to calls for assistance at hospitals in cases of domestic violence, sexual assault, and hate crimes and to sexual assault cases at police stations.

Each advocate participates in an extensive training program before they are qualified to go out on a call.

**The training session for Summer 2007 begins June 4 and runs through June 20.**

All trainings are held at Day One. Meals are provided.

For more information on becoming a Helpline Advocate, please contact Liz Briggs at 401-421-4100, ext. 146.

### Statistics you should know

- Every two and a half minutes, somewhere in America, someone is sexually assaulted.
- In Rhode Island, it is estimated that one in eight women has been sexually assaulted during her lifetime.
- In 2004-2005, the average annual number of victims of rape, attempted rape, or sexual assault was 200,780 in the U.S.
- About 44% of rape victims are under age 18, and 80% are under age 30.
- More than 75% of all sexual assaults go unreported to police.

### Foster Healthy Families *Continued from page 4*

Group support helps parents feel less alone in their struggles with traumatized children by bringing them together to share their care-taking experiences. Children benefit from group treatment as it enables them to enhance their social skills, learn appropriate boundaries in friendship relationships, and feel less isolated about their history of traumatic experience.

FHF also assists the child and family through the legal reporting process and makes referrals to appropriate agencies in the criminal justice system as well as helping children get individualized attention at school.

# Sexual Assault Awareness Month

## April is Sexual Assault Awareness Month

*“It happens every 2 ½ minutes.”*

Each year, April brings an opportunity to draw attention to sexual violence in our communities and encourage people to take action to prevent it.

on data gathered through the U.S. Department of Justice's 2005 National Crime Victimization survey.



The billboard drew people to the Day One web site where they were able to learn more about the prevalence of sexual assault and find tools to help prevent it.

In addition to the campaign, Day One hosted events and activities throughout the month to get people engaged in efforts to end sexual violence.

This year, Day One made everyone aware of sexual assault with a billboard campaign visible from Route 195 in Providence, one of the busiest sites.

Throughout the month, prevention messages created by local high school students aired on FOX TV and 92 PRO FM and HOT 106 radio as part of the Your Voice, Your View campaign.

The billboard highlighted the prevalence of sexual assault in our society with the message, “It happens every 2 1/2 minutes” based

For a complete listing of all of the month's activities, visit [www.dayoneri.org](http://www.dayoneri.org).



### Ten Things You Can Do to Prevent Sexual Assault

Prevent sexual violence in our communities. Everyone has a role to play in creating safe, healthy communities, neighborhoods, and institutions. Below is a list of actions you can take to put an end to sexual violence

1. Help young people value the uniqueness of each person; find positive friends; reach out to at-risk peers; develop leadership skills; and speak out about ways to show respect.
2. Interrupt behavior such as bullying, sexist jokes, and harassment.
3. Ask employers to promote violence-free workplaces; establish and enforce sexual harassment and anti-bullying policies; contribute resources to programs that are working to make a difference.
4. Contribute to Day One. Your contributions help us deliver valuable programs throughout the community.
5. Speak with educators about teaching non-violent conflict-resolution skills and promote anti-bullying values that demonstrate respect for everyone.
6. Encourage coaches and fans to emphasize skill-development, teamwork, character and sportsmanship over competition. Players should be motivated with praise. Support gender violence prevention training for youth athletic teams.
7. Work with artists and business owners to create/display murals, posters, kites, or other media illustrating healthy relationships.
8. Support legislation and local policies designed to prevent and respond to sexual violence.
9. Motivate community leaders to speak out against sexual violence.
10. Volunteer with Day One. Your help is always needed.

# Day One

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Providence, RI 02906

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## SAVE THE DATES!

*The 10th Annual*

### CAC Golf Tournament

*Monday, May 14 at Potowomut Golf Club in Warwick, RI*

### Under the Stars by the Sea

*Saturday, August 11 at Narragansett Town Beach*

For more information on these and other Day One events, please call 401-421-4100

#### Frontlines is a publication of:

##### Day One

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and Construction

#### Statistics you should know

- One of every seven victims (or 14% of all victims) of sexual assault reported to law enforcement agencies were under the age of 6.
- One in three victims of sexual assault is under age 12.
- One in every four girls and one in every six boys will be a victim of sexual abuse before age 18.