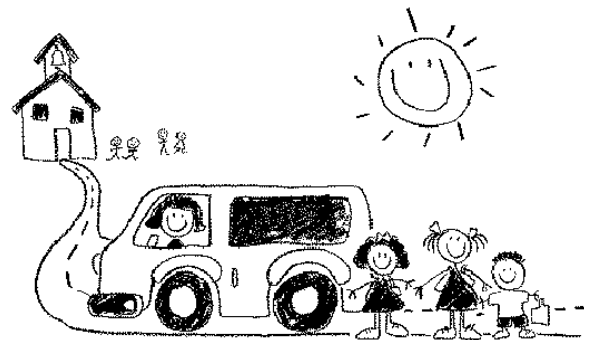


# Keeping Kids Safe

School-based Prevention Education Programs



## PROGRAMS FOR PRESCHOOL CHILDREN

The Sexual Assault & Trauma Resource Center of RI is proud to offer prevention programs for children at preschools and day care centers.

### Children's Programs

Preschool programs are based on the philosophy that all children have the right to be safe. Workshop leaders use age-appropriate language and examples to teach children about personal safety. Throughout the program, children are taught that they should always talk to a trusted adult about any situation that makes them feel uncomfortable. Teachers and staff are required to remain with the children in the workshops and are encouraged to participate as well.

Preschool age children participate in groups of 10-15 children for two workshops, each approximately 30 minutes in length followed by a drawing activity. The workshop leaders use role-plays, songs, drawing activities, and guided discussions to teach children about personal safety and problem-solving.

Workshop leaders talk individually with every student about his/her drawing and reinforce major points discussed during classroom session. Children are given the opportunity to talk about their drawings, to share stories from their own experiences, and to ask for assistance with problems.

**Workshop 1:** Discussions include: how we can keep ourselves safe, people that can help us keep safe, and how to get help.

**Workshop 2:** Discussions include: different kinds of touches, our bodies, uncomfortable feelings and getting help from trusted adults are discussed.

Included in the pre-school programs are teacher evaluations, any required follow-up with children and/or staff, and a school program assessment report. Additionally, a parent and teacher workshop are provided for parents and staff about child sexual abuse and information about the student program.

### Parent and Child Program: *Let's Talk About Keeping Our Body Safe!* (1 hour workshop)

We also can provide workshops for parents and children to attend together. This workshop gives parents the opportunity to observe ways of educating their children on the awareness and prevention of child abuse and helps parents to talk to their children about these sensitive issues.

Cost: Fees for the Sexual Assault & Trauma Resource Center's educational and training programs vary by type of program.

For more information on this, or any other educational program of the SATRC, contact:

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