

### **GETTING INVOLVED**

Interested in volunteering with us? Our highly trained Helpline volunteers meet victims at hospital emergency rooms, police stations and courts to provide information and emotional support. Training is held throughout the year to accommodate most schedules.

Check https://dayoneri.org/how-you-can-help/ volunteer-opportunities for upcoming training dates and more information about volunteer opportunities.

### GIVING TO DAY ONE

Donations to Day One may be made by check, phone, or online at **dayoneri.org**.



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Programs and Services Guide





# DAY ONE...

Day One is the only agency in Rhode Island that provides a full range of services for adult and child victims of sexual abuse. We provide treatment, intervention, education, advocacy, and prevention services to Rhode Islanders of all ages, from preschool children to elder adults and their families. Additionally, we advocate for public policy initiatives and systemic changes that positively impact Rhode Island families and communities.

# **CLINICAL SERVICES**

Healing from trauma can be both frightening and rewarding. Day One's clinicians are here to meet clients where they are in their process. The Clinical Department provides trauma informed evidence-based treatment to people who have experienced sexual trauma, past or present. All clients participate in a comprehensive mental health intake assessment to determine the most appropriate clinical service that will meet their individual need. Services include, but are not limited to, crisis intervention, short and long-term outpatient therapy, time-limited in-home treatment for children (this requires a DCYF/FCCP referral), psycho-educational and clinical support processing groups, sexual abuse evaluations, and the CSEC mentor program. We utilize both telehealth and inperson clinical services, based on client need.

# RI CHILDREN'S ADVOCACY CENTER

Addressing the ever-present issue of childhood sexual abuse as well as the commercial sexual exploitation of children (CSEC), Day One's Children's Advocacy Center offers a child-centered environment to help abused children heal.

#### Find out more at:

https://dayoneri.org/support-services/childrensadvocacy-center

### ADVOCACY SERVICES

Talking about what has happened may be difficult for you. Day One's advocates are here to listen to you, validate your feelings, help you feel safe and give you resources and information about all of your options. Services include:

 Multidisciplinary Teaming (MDT) helps to ensure the medical, social services, and law enforcement response to child sex trafficking is victim-centered.

Survivor Mentor Program (SMP) pairs

former victims of human trafficking with youth who are at risk or confirmed to be commercially exploited.

 Sexual Assault Response Team (SART) is a legal advocacy program intended to offer victims of sexual assault, age 14 years and older who have reported an incident to police, with information and emotional support through their experience with the criminal justice system.

Care Coordination focuses specifically on

responding to human trafficking victims and their unique support needs. Resources include: crisis intervention, assistance with housing, transportation, education, financial needs, and more.

 Sexual Assault Advocates: Based out of Day
One, trauma-informed advocates respond out statewide to hospitals and/or police departments to assist victims of sexual assault. Advocates are available to meet in person or will call a sexual assault victim in need of advocacy service. Services include court accompaniment, restraining order information and police department accompaniment for statements. They will also provide referrals to counseling and other community services.

24-hour Helpline advocates are available day
or night to provide support, information, and accompaniment to victims of crime in the hospital, at the police station, or in court.

# PREVENTION EDUCATION, PROFESSIONAL TRAINING & COMMUNITY EDUCATION

Our nationally recognized prevention education programs are age-appropriate and can be tailored to participants' needs. Covering topics including sexual harassment, bystander intervention, healthy relationships, and more. We provide multi-session programs for school-age children, adolescents, college students, parents, and professionals.

Day One receives CDC funding to evaluate the effectiveness of our middle school and high school programs around the social norms program.

Visit https://dayoneri.org/education-resources/ prevention-education

### COMMUNITY RESPONSE

At the core of our work is the collaborative approach we employ with organizations across Rhode Island. Through statewide task forces with law enforcement, medical providers, higher education, victim advocates, lawmakers and others, we've been able to collectively identify issues and implement real changes within the system to better serve victims. We invite you to learn more about our current task forces at **dayoneri.org.** 

# NEED HELP NOW? 1-800-494-8100

The Helpline: 24-hour support, information and advocacy for those impacted by crimes of violence